



## WELL WOMAN EXAM

### What is a Well Woman Exam?

A well woman exam is a once-a-year visit to your provider for general health check, including a breast exam, pelvic exam, pap smear, if due, and if needed refills on contraception or hormones. An annual exam **DOES NOT** include discussions of new problems or detailed review of chronic condition. Well woman exams are also called routine check-up, yearly exam and preventative visit.

### What should I expect during my well woman exam?

- General physical exam (including breast exam)
- Pelvic exam
- Pap smear, if due
- Review and (or) update medical history and any current medications
- Medication refills
- Evaluation of need for health screening test based on age and personal/family history (such as mammogram, test for sexually transmitted diseases, and colonoscopy)

**If you have health concerns other than your routine well woman exam an office visit could be charged. Examples are:**

- A list of concerns or questions
- New health care concerns or problems found at the time of your annual exam
- Ongoing health problems that require more attention